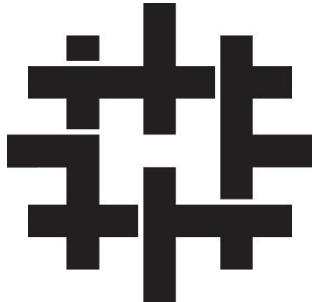


# TRANSFORMATIONAL HEALING MINISTRY



## WELCOME

Dear Brother or Sister,

Thank you for your interest in Transformational Healing Groups here at Heritage Christian Church.

We believe that God can heal our wounds and meet our deepest needs. He wants to do a *transforming* work of *healing* in our hearts that impacts our thoughts, feelings, and actions. This is where the Transformational Healing Group (THG) gets its name. In a THG, we open ourselves to the Lord, and bring him our pains and wounds in the presence of a loving and safe small group community of no more than six participants and two trained leaders.

There is a bit of a process to get involved in a THG. I hope you'll see by all these steps that we're serious about helping you along your healing journey.

Here are the steps in the process:

- ❖ Sign the Participant's Rights and Responsibilities form.\* Return it with your application.
- ❖ Complete the THG Application\* and return it to Heritage Christian Church, Attn.: Linda Buchan, at the address below, by October 23, 2017. You can turn it in after this date but, since groups fill quickly, we'll give your application first consideration if you turn it in on time.
- ❖ If you're currently seeing a professional mental health care provider (such as a psychologist, psychiatrist, counselor, or therapist), you'll need to have him/her fill out the Mental Health Care Provider Recommendation\* and return it to Linda Buchan at the same address.
- ❖ After we receive your application materials, we will contact you to schedule a personal, thirty-minute meeting to get to know you.
- ❖ After our meeting, the Transformational Healing Ministry Team will prayerfully consider your application and the meeting. A THG Leader will contact you to discuss the next step in your journey, which may be a THG or other healing opportunities offered at Heritage.

\* included in this packet

*More on next page . . . . .*

Here are some facts about Transformational Healing Groups:

- ❖ Your THG starts with an orientation meeting, followed by 13 weekly sessions. Each session is 3 hours in length. Please plan to attend all sessions, since your faithful attendance is integral to your healing journey and to develop and maintain the community and safety of your small group.
- ❖ Your THG is gender-specific, that is, men lead men's groups and women lead women's groups.
- ❖ Your THG leaders understand this healing journey as each has participated in a THG. They have also completed required training to lead THGs through courses at Ashland Theological Seminary. Many also receive ongoing training by attending various seminars addressing the healing journey.
- ❖ Your THG sessions include spiritual, teaching, and experiential components. There are also weekly reading, journaling, and homework assignments.
- ❖ Your cost to participate in a THG is \$100. This fee covers the cost of all printed materials and two books you'll read during the weeks of your THG. Please bring an initial payment of \$25 to your meeting (checks made payable to Heritage Christian Church). This covers the cost of the two books you will be given at that time. The balance of \$75 is due at your first THG meeting.

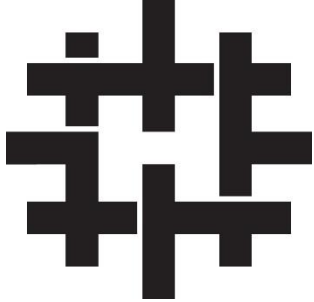
If you have any questions or concerns, I'll be happy to hear from you. Please contact me as I've indicated below.

I'm thankful you're considering taking a next step in your healing journey. The Transformational Healing Team and I pray we may partner with you as you seek more of Jesus' healing for your heart, soul, and mind, offered by this ministry at Heritage.

Blessings,

Elaine Russell  
Team Leader  
Transformational Healing Ministry • [transformationalhealing@heritagecc.org](mailto:transformationalhealing@heritagecc.org)

**TRANSFORMATIONAL  
HEALING  
MINISTRY**



**THG APPLICATION**

Complete this application in its entirety and return it **by mail or scan** to Heritage Christian Church, Attn: Linda Buchan, at the address below.

**Confidentiality:**

Your information will be kept strictly confidential and will be seen only by our Transformational Healing Leaders.

\_\_\_\_\_  
Name Date

\_\_\_\_\_  
Address

\_\_\_\_\_  
City ZIP Code

\_\_\_\_\_  
Email (Please print clearly) Date of Birth

\_\_\_\_\_  
Area code/Phone number (Please print clearly)

Groups are often offered at Thursday am, Thursday pm, or Sunday pm times. Other days and times may be offered as leaders are available.

Please indicate your 1<sup>st</sup> and 2<sup>nd</sup> choice meeting times

\_\_\_\_ Sunday PM    \_\_\_\_ Tuesday AM    \_\_\_\_ Thursday PM    \_\_\_\_ Other \_\_\_\_\_  
Indicate preference

What is your occupation?

\_\_\_\_\_

Who recommended Transformational Healing Group to you, and/or how did you hear about the ministry?

\_\_\_\_\_

\_\_\_\_\_

*More on next page . . . . .*

Why do you want to participate in a THG? What issues are you hoping to address?

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What do you hope will happen in your life as a result of attending a THG?

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Have you submitted yourself to Jesus? If so, briefly describe your salvation testimony, and how you are currently following him.

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Are you a regular attender of Heritage Christian Church?    Yes    No

If not, where do you attend church?

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Are you part of a small group that meets regularly?    Yes    No

*More on next page . . . . .*

Please list any ministries in which you are or have been involved.

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Please list any seminars, classes, etc. sponsored by Dr. Terry Wardle, Healing Care Ministries International, you have attended, or any others with a similar healing focus.

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If you have met or are meeting with a mental health care provider, please describe diagnoses, recommendations, activities, etc.

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Please list other groups designed to help you overcome past hurts in which you have participated. Also list any books you've read or any other activities you've pursued towards personal healing and change.

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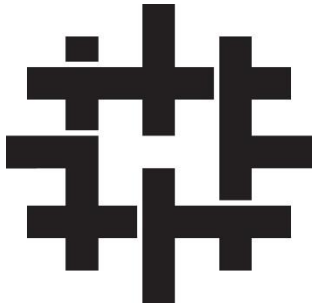
*More on next page . . . . .*

Thank you for completing this application. All information is confidential and will be reviewed only by the Transformational Healing Leaders. All application materials will be shredded at the conclusion of your application process or after the THG session you attend.

After we receive your THG Application, your signed Participant's Rights and Responsibilities form, and your Mental Health Care Provider Recommendation form (if applicable), we will contact you to make an appointment for your meeting.

Please bring an initial payment of \$25 to your meeting (checks made payable to Heritage Christian Church). This covers the cost of two books you will be given at that time. The balance of \$75 is due at your first THG meeting.

# TRANSFORMATIONAL HEALING MINISTRY



## PARTICIPANT RIGHTS & RESPONSIBILITIES

This sheet defines your rights and responsibilities as a Transformational Healing Group participant. Please read, sign and date, and return this form with your application.

### THG PARTICIPANT RIGHTS

As a THG participant, I have the right to

- 1 Leave the group if I decide it isn't what I expect, what I want, or what I need;
  - 2 Consult with a group leader if a crisis arises as a result of my participation in the group, or
  - 3 Receive a referral to other sources of help if further assistance is not available from my group leader;
  - 4 The exercise of reasonable action by the THG leader to provide an environment that is emotionally, spiritually, mentally, and physically safe;
  - 5 Freedom from undue pressure concerning participation in group exercises, decision making, disclosure of private or personal issues, or acceptance of suggestions from other group members;
- 6 To be treated with dignity and respect as a treasured individual;
  - 7 To know that my THG leader may consult with a Heritage pastor or Pathways counselor if he/she feels the need;
  - 8 Confidentiality, except in the following situations:
    - Threats to the health or safety of myself or others (cutting, eating disorders, suggestions of suicide, threats to others, etc.)
    - Revealing of physical or sexual abuse towards adults or children;
    - Revealing of any other felony-level crimes for which I have not been brought to justice;
    - Due to a legal subpoena for information.

### THG PARTICIPANT RESPONSIBILITIES

As a THG participant, I have the responsibility,

- 1 To the best of my ability, arrive on time and attend all sessions;
- 2 To the best of my ability, complete all out-of-session readings, activities, homework, etc.;
- 3 If married, to assure that my spouse agrees with my participation;
- 4 To understand and agree that THGs are Christ-centered and led by the Holy Spirit;
- 5 That if I am dealing with addictions, substance abuse, domestic violence, child abuse, or other such issues, I am participating in appropriate intervention programs and have been free from the said activities for at least one year (THGs are not specifically designed to help with these issues);

*More on next page . . . . .*

*THG participant responsibilities (continued)*

- 6** That if I've been hospitalized or received inpatient care for emotional, mental, or psychological health issues within the past year, I must provide a signed release form or recommendation from my mental health care provider;
- 7** That if I've had suicidal thoughts, I must have been free from such thoughts for at least 6 months prior to the THG I attend, and must provide a signed release form or recommendation from my mental health care provider;
- 8** That if my circumstances change and I no longer meet the guidelines for THG participation, or if it becomes apparent that care is more appropriate from another source, to cooperate with my THG leader to leave the group and to pursue more appropriate support;
- 9** To maintain group confidentiality. I agree to treat information shared within the group as confidential. I will not divulge the identities of other THG participants, information provided by other group members, etc., to anyone outside of my group.

*By the grace of God, I will follow through with the THG participant responsibilities. I understand that failing to fulfill these responsibilities, or that any information I've falsified, either in writing or verbally, can be cause for dismissal from the group.*

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Signature

Date



# TRANSFORMATIONAL HEALING MINISTRY



## MENTAL HEALTH CARE PROVIDER RECOMMENDATION

Dear Mental Health Care Provider:

Heritage Christian Church is blessed to offer 13–week Transformational Healing Groups for men and women. These groups are designed to help people address painful wounds of the past and to find healing and wholeness in Christ. Our main resources are provided by Healing Care Ministries International led by Dr. Terry Wardle.

Our group leaders are lay leaders who have been trained through Ashland Theological Seminary. We value the care given by professional mental health providers as yourself. Our goal is never to replace your care, but to partner with you in helping your client/patient to achieve greater spiritual, mental, and emotional health.

Please review the following information and provide your feedback concerning your patient/client, and return this form to me at the address below. If you have questions or concerns, please contact me as indicated below.

Elaine Russell  
Team Leader  
Transformational Healing Ministry • [transformationalhealing@heritagecc.org](mailto:transformationalhealing@heritagecc.org)

The requirements and expectations for these groups appear below.

### THG PARTICIPANT RIGHTS

As a THG participant, I have the right to

- 1 Leave the group if I decide it isn't what I expect, what I want, or what I need;
- 2 Consult with a group leader if a crisis arises as a result of my participation in the group, or
- 3 To receive a referral to other sources of help if further assistance is not available from my group leader;
- 4 The exercise of reasonable action by the THG leader to provide an environment that is emotionally, spiritually, mentally, and physically safe;
- 5 Freedom from undue pressure concerning participation in group exercises, decision making, disclosure of private or personal issues, or acceptance of suggestions from other group members;
- 6 To be treated with dignity and respect as a treasured individual;
- 7 To know that my THG leader may consult with a Heritage pastor or Pathways counselor if he/she feels the need;
- 8 Confidentiality, except in the following situations:
  - Threats to the health or safety of myself or others (cutting, eating disorders, suggestions of suicide, threats to others, etc.)
  - Revealing of physical or sexual abuse towards adults or children;
  - Revealing of any other felony–level crimes for which I have not been brought to justice;
  - Due to a legal subpoena for information.

*More on next page . . . . .*

**THG PARTICIPANT RESPONSIBILITIES**

As a THG participant, I have the responsibility

- 1 To the best of my ability, arrive on time and attend all sessions;
- 2 To the best of my ability, complete all out-of-session readings, activities, homework, etc.;
- 3 If married, to assure that my spouse agrees with my participation;
- 4 To understand and agree that THGs are Christ-centered and led by the Holy Spirit;
- 5 That if I am dealing with addictions, substance abuse, domestic violence, child abuse, or other such issues, I am participating in appropriate intervention programs and have been free from the said activities for at least one year (THGs are not specifically designed to help with these issues);
- 6 That if I've been hospitalized or received inpatient care for emotional, mental, or psychological health issues within the past year, I must provide a signed release form or recommendation from my mental health care provider;
- 7 That if I've had suicidal thoughts, I must have been free from such thoughts for at least 6 months prior to the THG I attend, and must provide a signed release form or recommendation from my mental health care provider;
- 8 That if my circumstances change and I no longer meet the guidelines for THG participation, or if it becomes apparent that care is more appropriate from another source, to cooperate with my THG leader to leave the group and to pursue more appropriate support;
- 9 To maintain group confidentiality. I agree to treat information shared within the group as confidential. I will not divulge the identities of other THG participants, information provided by other group members, etc., to anyone outside of my group.

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Subject to my availability, I will provide additional counseling services as needed. I've indicated below whether I do or do not recommend my client/patient to participate in a Transformational Healing Group.

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Client/patient name

\_\_\_\_\_ I recommend my client/patient's participation

\_\_\_\_\_ I do not recommend my client/patient's participation

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Signature

Date

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Name of firm, if applicable

Phone

Email