

A PATH OF PROGRESS

Life is full of options that compete for our time and attention, and for most of us, it's not always easy to know what to commit ourselves to. This document is designed as an overview of the options available for men, especially highlighting the transformational ministries that can anchor us in Christ and meet our deepest needs.

If you have an hour...

Weekend Messages - We especially recommend that you watch or listen to a series of messages by Pastor Andy Sieberhagen called "The Journey to Fullness." [Click here](#) to go to those sermons. Also, to understand the vision and values of our church, check out the "[Join the Movement](#)" series.

Prayer - As we gather together each week for worship, there are people available to pray for you in our prayer room following each service. Or, you can send a request to prayerministry@heritagecc.org.

Pathways Counseling Center - Pathways Counseling Center is staffed by top-notch, professional counselors committed to creating the conditions for God to work in the midst of brokenness. The people at Pathways believe that an individual's physical, emotional, intellectual and spiritual lives are intimately connected. Therefore, they give attention to those areas by assessing health habits, biological factors, medication, spiritual beliefs, social support, etc. You can reach Pathways at pathwayswesterville.com.

Mentoring - If you're looking for someone who has been down the road a little further in their journey, contact Bob Buchan to discuss the possibility of being coached or mentored. Bob can be reached at bbuchan@heritagecc.org, 614-898-9412, ext. 340.

If you can set aside a day...

To encourage and strengthen men, there are occasional fun events, seminars, or men's conferences that are offered during the course of a day.

If you can devote a weekend...

Wild at Heart Boot Camps are weekend treks into the passions and desires of a man's heart, into the healing of the wounds he's incurred, and into the realm of fatherhood and sex and God's calling - life as it was meant to be lived. It is a weekend for up to 30 men in beautiful Hocking Hills, with straightforward conversations, quiet reflections, meals, movies and adventures. You will discover something profound about the heart of God and the heart he gave you as a man.

Using a DVD-format, John Eldredge, author of "Wild at Heart," will help us explore key questions about who we are as men, who God intends us to be, and the spiritual battles that surround us. This weekend is a time of peace, restoration, laughter, and camaraderie. This is not a retreat where men will break into small groups and share their feelings. Instead we'll hear from men living in pursuit of the heart of God. Bring

your fishing gear for the stocked pond, your hiking boots for the trails, and your guns or bows for target shooting. If you don't like to shoot, don't worry – not everyone does. There are plenty of other options.

If you can set aside a week...

Come Away with Me retreats – These week-long retreats, put on by Healing Care Ministries, are designed to help participants encounter the healing power of the living Christ. Each retreat has a limited number of participants and lasts for 7 days. Each participant receives specialized attention in formational care that positions them for deep, personal healing from past hurts. The retreats are led by a team of highly-gifted and professionally-trained caregivers who help the participants work through the wounds that compromise their life and ministry. For more information, [click here](#).

If you can commit to multi-week opportunities...

Alpha - This weekly group experience is designed to explore the essential truths of the Christian faith. Typically, there is some food, a 30-minute talk, and some great conversation. Alpha helps participants unpack the basics of Christianity, addressing questions such as Who is Jesus? and How can I have faith?

Probably the most important part of Alpha is the chance to share thoughts and ideas on the topic, and simply discuss it in a small group. There's no obligation to say anything. It's an opportunity to hear from others and contribute your own perspective in an honest, friendly and open environment. If you have some questions or you're not sure what to believe about Christianity, Alpha is a great way to learn. And, if you're already a Christ follower, it's a great way to learn more about the Bible!

Conquer: The Battle Plan for Purity - The Conquer Series provides insights from top Christian leaders who lay out biblical strategies and scientific facts to help men go deeper into freedom. It has a primary focus of helping guys overcome lust, porn, and sexual brokenness, but more than that, it reveals a whole life strategy for seeing transformation in all areas of life.

We look at real tools to improve your life and promise to make it interesting, by utilizing clips from movies like Gladiator, The Matrix, Edge of Tomorrow, and more. You can come and be yourself. There is no judgment, shame, condemnation or guilt trips... only grace, love, community, and a path into a new, abundant life. The cost is \$30 for two workbooks. Contact us at emailbp@yahoo.com.

Transformational Healing Groups – Heritage is blessed to provide 13-week groups designed to position people before the Lord to receive healing from the pain of past hurts. These groups provide a safe, confidential atmosphere where men can experience teaching, discussion, prayer and experiential exercises that can powerfully impact their lives and bring about true freedom in Christ. The cost is \$100 which covers the cost of all printed materials and two books by Dr. Terry Wardle. Please don't make money the reason you don't participate. Scholarships are often available. For more information, [click here](#).

Topical Studies – At various times of the year, we gather men together to learn about the most beneficial topics for our lives.

Men's Bible Study – We provide opportunities for in-depth Bible study usually running 3-8 weeks in length.

To go to the men's section of our website for the latest information on upcoming events, [click this link](#).

If you're looking for an ongoing group...

Thrive - As a follow-up to The Conquer Series, Thrive provides a place of spiritual healing that helps men out of sexual brokenness and into wholeness in Christ through honesty, humility, courage, and extraordinary effort. This group, for Conquer alumni, meets throughout the year. Each week there is prayer, a message focused on healing and freedom, and discussion to encourage each other in this journey. For more information, contact Jason DeVelvis at jason.develvis@gmail.com.

Men's Groups - A number of men's groups meet each week at various times and places. Contact Bob Buchan at bbuchan@heritagecc.org for the current list.