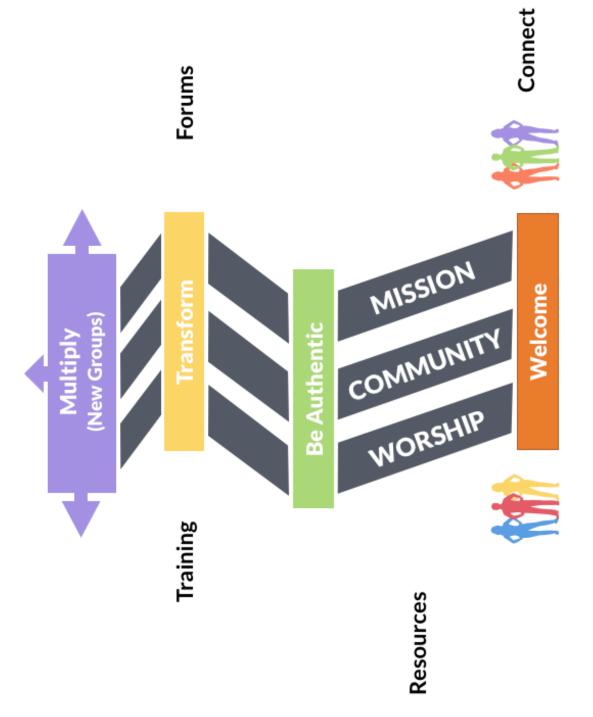


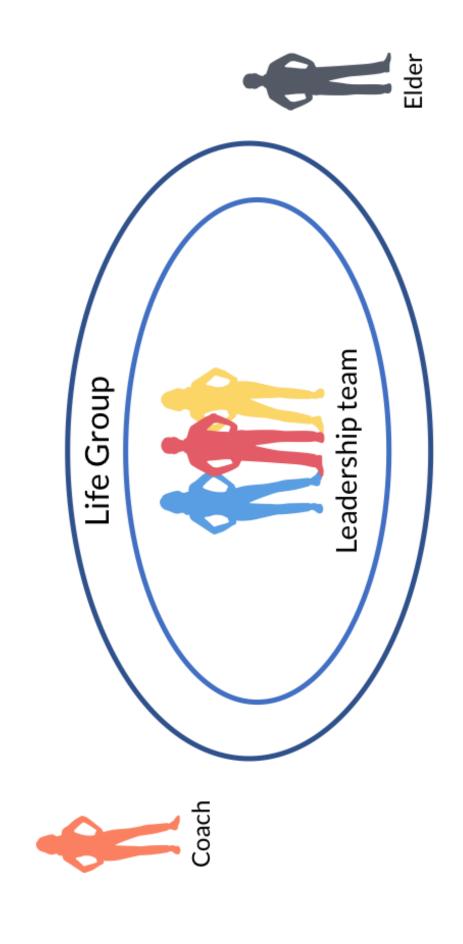
LEADER GUIDE













HCC life group support

CONNECT: Relationship with leaders, coach and elder to assess and create an action plan for growth

RESOURCES: Courses, programs or materials supplied or run by HCC

TRAINING: Experiential training in how to use tools to help you with your roles

FORUM: Gatherings for leaders, coaches and elders to pray for one another, network, sharing and training

Role of Life Group Leader

At Heritage, Life Group Leaders are Faithful, Available, and Teachable.

Faithful

- I will serve in a way that is consistent with Heritage doctrine, values, and practices.
- I will do my best to maintain healthy, Christ-honoring relationships.
- I will be faithful to pray for and encourage the other leaders of Heritage.
- I will be a peacemaker within my group.

Available

- I will spend time in communion with God, and in His Word.
- I will set aside the time to fulfill the responsibilities associated with this role.
- I will pray for group members.

Teachable

I will cultivate godly character by remaining teachable and open to correction.

Responsibilities

- To be the point person of the Life Group (LG) leadership team that's committed to raising up Christ followers who are moving toward God in worship, each other in community, and the world on mission.
- To develop new leaders in the group and make sure the leadership team is working together effectively.
- To ensure that proper communication takes place with the overseeing elder, coach, and church staff.
- To continue your growth as a leader by being open to the input of the elder and/or coach overseeing your group, and meeting with them whenever it's beneficial.
- To encourage group members to engage in the opportunities available at Heritage (e.g., Pathways Counseling, marriage coaching, support groups, Conquer, Transformational Healing groups, etc.).

On Mission Life Groups

The On Mission team at Heritage would love to support your life group and you in mobilizing into the joy of being on mission together.

You or others in your life group may already be on mission in various ways. Perhaps there are some who are serving at a soup-kitchen or hosting international students. Please let us know what you're engaged in and how we can support you.

At Heritage, we're involved in a wide range of mission activities, partnerships, projects and initiatives - from our own neighborhoods in Westerville and the greater Columbus area, to the ends of the earth. We'd love to help you by offering simple, practical and effective ways to be on mission together. To that end, we have 5 initiatives that are good starting points:

1. Love Your Neighbor

From community activities to serving alongside local mission organizations, there are several ways to engage in practical acts of love and service that both demonstrate the gospel and open doors for conversation around Jesus. Contact LoveYourNeighbor@heritagecc.org

2. Host Alpha

Alpha is a thoughtfully presented and beautifully produced DVD/YouTube series that introduces Jesus in ways that are relevant to our post-Christian context. We'd love to help you learn how to host an Alpha course and invite your neighbors and friends to hear, process and accept the gospel of Jesus in a safe and engaging environment. Contact Alpha@heritagecc.org

3. Participate in Short-Term Missions

We're working to focus our short-term missions to directly support our missionaries. You might join a team; your entire life group might decide to go; or you might stay home and support those going through prayer and finances. These experiences are eye-opening and life-changing - we'd love to match you with the perfect opportunity. Contact ShortTermMissions@heritagecc.org
The Short-term Missions Trip Launch will be February 29 & March 1, 2020.

4. Adopt A Missionary

Heritage serves as the home church for 12 missionary families. In addition, we work with 36 indigenous missionary families around the world. We'd love to connect your life-group with one of them. As you get to know them, you'll gain a sense of how the gospel is bearing fruit around the world. These men and women are authentic witnesses of Jesus in their context. Contact AdoptAMissionary@heritagecc.org

5. Serve at The Bridge

We've been serving the refugee community in central Ohio at The Bridge since January of 2013. We host several adult classes and an after-school tutoring program. Through these acts of service and love, we're developing relationships of genuine trust and building bridges to Jesus. Serve for a season - it will transform your life. Contact deb@theBridge.io

All these initiatives are founded, supported, and wrapped up in prayer - for it is our Redeemer God who guides and enables our witness, and draws the world to Himself through us. Please join us at our mission's prayer time as you're able - bring your life group! Thursdays at 6:30am in the Café.

For more details, please visit heritagecc.org/mission

Contact any of us, anytime - we'd love to be of service to you in being on mission - for Jesus, and for the world that God so loved that he gave his only Son.

On Mission team,

Pavi, Andy, Wayne, Edie, Suzi, Zoe, and John B.



WORSHIP

COMMUNITY

MISSION

Encounter Surrender Healing Loving Reconciliation Witness

ELEMENTS & STRUCTURE OF LIFE GROUP MEETINGS DOING LIFE TOGETHER ... AT LIFE GROUP AND BEYOND

COMMUNITY: Loving one another and building relationships (i.e. snacks, meals, ice breakers)

MISSION: Reconciling the world to God through prayer and outreach (i.e. hosting an Alpha group, serving at the Bridge, loving your neighbor, adopting a witness, going on a short-term mission trip)

WORSHIP: Encountering and surrendering to Jesus (i.e. prayer, praise, studying the Word, communion)

COMMUNITY: Experiencing healing by deeper sharing, prayer and accountability (i.e. men's, women's and student break-out groups)

TEAM LEADERSHIP: Led by a leader and a team to facilitate worship, community and mission

LIFE GROUP SUPPORT

ELDER ROLE

Background

- The pastors, staff and elders at Heritage Christian Church (HCC) are introducing a support model for life groups to help the groups thrive and multiply to advance the kingdom of God both in the hearts of individuals and the community. This model includes offering coaches and elders to serve the group according to its needs.
- We recognize some groups need more assistance than others, and at different times.
 Therefore, this model is designed to be flexible to respond to the needs of a specific group. It is not intended to be a burden or add unnecessary complexity to a group or its leaders. This is a ministry service that will adapt over time as needed.

The Elder Role For Life Groups

- Each elder is assigned to specific groups to be available for prayer, assistance, questions, concerns as needed.
- The assigned elders will connect once or twice a year at minimum with the life group leaders. They are also available anytime upon request.
- The assigned elder is not "in charge" of the group. Life group leaders are still the leaders no changes in this regard.
- Each elder actively participates in group life at Heritage.

RESOURCE LIST FOR COACHES AND GROUP LEADERS

Join the Movement Information

Weekend Messages - on the Heritage website: heritagecc.org/sermons

Discovering Heritage – newcomers to the church learn the history and values of Heritage along with a time for questions. Contact Debbi at <u>droberts@heritagecc.org</u> for this and participating membership information.

Participating Membership – a three-part overview of the vision, values, and beliefs at Heritage.

Prayer Support

Elder Prayer – Heritage is blessed with elders who are available to pray (James 5:13-17). Email elders@heritagecc.org to set up a time for prayer.

Chaplain Visitation – We have trained chaplains who will visit those who are hospitalized or shut-in. Contact: careministry@heritagecc.org.

Prayer - There are people available to pray for you in our prayer room following each weekend service. Or, send a request to prayerministry@heritagecc.org.

Deliverance – There is special prayer available for those who suffer from demonic oppression. Contact Dick Luchtenberg at deliveranceministry@heritagecc.org.

Support and Healing-Related Groups

Transformational Healing Groups – These 13-week groups are designed to position people before the Lord to receive healing from the pain of past hurts. They provide a safe, confidential atmosphere where people can experience teaching, discussion, prayer, and experiential exercises that can powerfully impact their lives and bring about true freedom in Christ. The cost is \$100, which covers the cost of all printed materials and two books by Dr. Terry Wardle. Please don't make money the reason you don't participate. Scholarships are often available. For more information go to heritagecc.org/transformational-healing.

Come Away with Me Retreats – These week-long retreats, put on by Healing Care Ministries, are designed to help participants encounter the healing power of the living Christ. Retreats have a limited number of participants and each participant receives specialized attention in formational care that positions them for deep, personal healing from past hurts. The retreats are led by a team of highly-gifted and professionally-trained caregivers who help the participants work through the wounds that compromise their life and ministry. For more information, heminternational.org/grow.

DivorceCare – 13 weeks for men and women to help them deal with the painful break-up of a marriage. Contact Gary and Debbie Clark at divorcecare@heritagecc.org.

GriefShare – 13 weeks group for men and women to deal with the painful losses of life. Contact Carolyn Landrum at griefshare@heritagecc.org.

Heritage Hope and Wellness – two NAMI (National Association for Mental Illness) groups that meet on the first and third Mondays, at 6:30pm, one group provides encouragement and support for those diagnosed with mental illness, the other is for family members and friends that support those with mental illnesses. Contact the leaders at heritagehope.wellness@gmail.com.

Help at Heritage

Alpha – This weekly group experience is designed to explore the essential truths of the Christian faith. Typically, there is a 30-minute talk and some great conversation. Alpha helps participants unpack the basics of Christianity, addressing questions such as Who is Jesus? and How can I have faith? If someone has questions about Christianity, Alpha is a great way to learn. And, if a person is already a Christ follower, it's a great way to discover more about the Bible! Contact John Thomas at jthomas@heritagecc.org.

Pre-Marital and Marriage Coaching – couples trained to use the Prepare-Enrich Inventory meet with others. Contact Linda Buchan at Ibuchan@heritagecc.org.

Family Focus Series – gatherings to provide moms and dads with helpful tools. Contact Linda Buchan at lbuchan@heritagecc.org.

Intentional Parenting – 5-week study on 10 habits that increase the effectiveness of parents. Contact Linda Buchan at Ibuchan@heritagecc.org.

Prepare2b1 – a group experience to help participants learn what it takes to have a good marriage. Contact Linda Buchan at Ibuchan@heritagecc.org.

The Art of Marriage – Groups to strengthen marriages. Contact Linda Buchan at lbuchan@heritagecc.org.

Wild at Heart Boot Camp Weekend – These "boot camps" are treks into the passions and desires of a man's heart in beautiful Hocking Hills, with straightforward conversations, quiet reflections, meals, movies and adventures. Using a DVD-format, John Eldredge, author of "Wild at Heart," helps men explore key questions about identity, true manhood, and God's purpose for their lives. This weekend is not a retreat where men will break into groups and share their feelings. Instead, it's a time of peace, restoration, laughter, camaraderie, and

hearing from men living in pursuit of the heart of God. Contact Bob Buchan at bbuchan@heritagecc.org.

MOPS (Mothers of Preschoolers) - MOPs is a dynamic internationally recognized program that brings mothers of young children together for mutual support, enrichment and encouragement through the joys and challenges of raising kids. It takes place on the 1st & 3rd Thursdays, 9:30-11:15am. Contact Allison DeVelvis, adevelvis@heritagecc.org.

Faith, Fellowship, and Fitness – This class is put on by our women's ministry, on Tuesdays, from 7-8 pm, and it offers a variety of workouts, including circuit training, yoga, cardio, DVD's, walking, and flexibility for all fitness levels. For more information, email Wilma, wjustice@ameritech.net or Debbie, dbgperry@gmail.com.

Funeral Support – Heritage members are comforted and assisted after the loss of a family member. Contact hccfunerals@gmail.com, or at 614-898-9412, x444.

Benevolence – When Heritage members are having difficulty paying bills, there is potential help available at hccbenevolence@gmail.com, or at 614-898-9412, x555.

Equipping Track – High-level education and equipping for our congregation. Contact April Walters at aprilwalters@heritagecc.org.

Opportunities for All Ages

Youth – weekly meetings, summer camp, Bible study, and serving together. Contact Pastor Dustyn Vanzant, dvanzant@heritagecc.org for high school information and Maggie Hite, mhite@heritagecc.org for middle school needs.

AWANA – on Wednesday nights, during the school year, kids (age 2 through the 6th grade) meet together in a fun atmosphere with the goal of teaching God's Word and memorizing scripture. Contact Spank Brown at earl_brown@sbcglobal.net.

College and Young Adults – Contact James and Claire DeGraw at 20something@heritagecc.org, go to the website, app or the Heritage Guide for more information.

Journey (50+) – email journey.heritageministry@gmail.com, go to the website or the Heritage Guide for more information

Groups Addressing Sexual Brokenness

Conquer: The Battle Plan for Purity – The Conquer Series provides insights from top Christian leaders who lay out biblical strategies and scientific facts to help men go deeper into freedom. It has a primary focus of helping guys overcome lust, porn, and sexual brokenness, but more than that, it reveals a whole life strategy for seeing transformation in all areas of life. We look at real tools to improve your life and promise to make it interesting, by utilizing clips from movies like Gladiator, The Matrix, Edge of Tomorrow, and more. You can come and be

yourself. There is no judgment, shame, condemnation or guilt trips... only grace, love, community, and a path into a new, abundant life. The cost is \$30 for the workbooks. Contact Buster Petruzzi at freedom@heritagecc.org.

Thrive – Takes place on Wednesdays at 6:30pm at the Heritage facility. As a follow-up to The Conquer Series, Thrive provides a place of spiritual healing that helps men out of sexual brokenness and into wholeness in Christ through honesty, humility, courage, and extraordinary effort. This group, for Conquer alumni, meets throughout the year. Each week there is prayer, a message focused on healing and freedom, and discussion to encourage each other in this journey. For more information, contact Jason DeVelvis at jason.develvis@gmail.com.

180 Men's Recovery Group, Mondays, 7pm, at Vineyard Columbus, 6000 Cooper Rd., Westerville. 180 exists to help men who struggle with sexual brokenness find healing through Jesus and His Holy Spirit and grow in a healthy relationship with God our Father. This ongoing ministry is open to all men, meets weekly throughout the year, and emphasizes both the healing power of God AND the personal responsibility of men to do whatever it takes to live a life of purity. The evening includes worship, a teaching time, small group accountability, mentoring, and healing prayer. For more information please contact John Doyel, 740.649.6050.

Professional Counseling

Pathways Counseling Center - Pathways Counseling Center is staffed by professional counselors committed to creating the conditions for God to work in the midst of brokenness. The staff at Pathways believe that an individual's physical, emotional, intellectual and spiritual lives are intimately connected. Therefore, they give attention to those areas by assessing health habits, biological factors, medication, spiritual beliefs, social support, etc. You can reach Pathways at <u>pathwayswesterville.com</u> or 614-818-4099.