

## Premarital or Marital Coaching using Prepare-Enrich

For over thirty years, Prepare-Enrich has been an important guide for helping couples explore and strengthen their relationships. Built on a solid research foundation, this inventory has been improved and refined over the years to become one of the best, most effective, easy-to-use relationship assessment tools.

The inventory was created by a company named Life Innovations. Their website is at [www.prepare-enrich.com](http://www.prepare-enrich.com), if you would like to check it out.

Here are a few facts about Prepare-Enrich that you may find helpful:

- Prepare-Enrich is not a test to be passed or failed.
- Also, it doesn't provide a prediction of the future. Instead it's a snapshot of a couple's relationship at this point in time.
- Our goal is to help couples celebrate their strengths and identify areas where they can grow. There are no perfect people!
- We never use the inventory results to tell couples they should or shouldn't get married. That decision is up to them.

If you would like to take the inventory it would require a \$28 payment to cover the church's cost and we would also need the email addresses of you and your partner. After the payment is received, we will contact Life Innovations and they will send each of you a link so you can begin the process.

The inventory has a number of statements that you each will respond to which cover such areas as communication, conflict resolution, family background, sexuality, views on leisure, money management, spiritual beliefs, etc. It is essential that you do not collaborate with each other on any of the questions. It is designed for you to go through it separately.

The inventory should take a little less than an hour to complete. When you both finish, the results will be sent to Pastor Joel Wharton, who is over the Marriage ministry of Heritage. We will arrange for you to meet with a trained facilitator or coaching couple to go over the results. You can plan on 4-6 separate meetings to talk through the whole inventory, either meeting at the church building or in a home setting, whichever works out best.

Please let me know if you have any questions regarding the inventory.

In Christ,

Lori Scholten

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Family Life Support

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